

The First Years Last Forever

The New Brain Research and Your Child's Healthy Development

The new brain research informs us of the vital importance of the relationship between caregiver and child in the first years of life, and affords us a wonderful opportunity to enrich the lives of our children and help them realize their full potential.

Parents and caregivers will want to know more about this new research, and *The First Years Last Forever*, a new booklet from the Canadian Institute of Child Health, provides them with information on what they can do to promote young children's healthy development and school readiness.

Highlights of *The First Years Last Forever* include ten guidelines for promoting this healthy development and school readiness, and how adults can make a difference. 12 pages (1998) Title #16



A copy of this brochure can be obtained on our website at www.cich.ca

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