

On Your Own

A book for kids learning to be home alone (and their parents)

Written in simple, easy-to-read terms, this 18 page illustrated booklet was produced specifically for children who are alone at home.

An introductory parents' page helps a parent decide if their child is ready to be on his/her own and how to prepare for this situation. *On Your Own* also includes the following topics: "Emergencies and Problems", "Coming and Going" and dealing with "Brothers and Sisters", among others. The booklet also has many safety games including a game board and an "On My Own" poster.

This is an excellent resource for block parent organizations, school groups, babysitters, public health units and community organizations, as well as for individual families.

The original *On Your Own* booklet was developed by the Saskatchewan Safety Council

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